

Small Circle Jujitsu TM

New Jujitsu program begins in January 2010

Dear Parents and students,

By popular request this next year we will be introducing optional light contact sport jujitsu for the juniors and teens. Optional meaning if a student does not wish to participate they can still work on the principles and techniques of Small Circle Jujitsu for personal development, self defence and rank, this is actually very important to me and we will still focus on our curriculum.

It is not my goal to develop Cage or UFC style fighters, there is enough brutality in our world. But many of my contemporaries have been safely promoting sport jujitsu and producing well balanced students and teachers.

I wish to use the format to help with delivery of technique, timing, agility and the ability to deal with confrontation in a controlled stress environment. It has been my experience that controlled sparring can enlighten the instructors and students to what needs to be improved and can bring out the best in a student.

It involves 3 phases:

1. Strikes and kicks (no kicks to the head)
2. Throws and takedowns
3. Mat techniques and pins

Juniors are not allowed to choke, pulling hair, head butts knee strikes, elbow strikes, biting, small joint locks (finger locks) etc. and a lot of other stuff that is actually useful when attacked for real. Anyway

This is only a part of what we do; the self defence and weapons defence training will proceed as will the breathing, relaxation exercises and time for personal reflection and introspection development of Chi.

Safety equipment is mandatory to participate

Hands: Gloves covering striking areas of the hand, but open for the grapple.

Feet: Shin and instep protection

Head: Head gear and mouth guard

Look through the attached flyer at the gear or on the web site and if you wish to place an order please fill in form and either hand in to instructor, mail to address on letterhead or call me on 01737 210052.

I have no control over suppliers inventory, please order now to avoid disappointment and delay.

Be well and be safe,

Prof. Leon Jay GM
www.leonjay.com



PO Box 460 Epsom, Surrey KT17 9AB England

Tel. 01737 210052 Int.Tel. 44 1737 210052 Email: leonjay@ntlworld.com Website:
smallcirclejujitsu.co.uk

Leg and Foot protection

Dipped Foam Shin and Instep £14.00

Sizes: *extra small - small - medium - large - extra large*



The lightest shin and instep guards around, Velcro fastening around shin, elastic strap underfoot, air vents to allow skin to breathe, part of the dipped foam range.

Storm Shin and Instep £16.15

Sizes: *medium - large - extra large*



Foot fits comfortably under elasticised strapping, benefits from the additional instep, part of the Storm range.

Firepower Leather Shin and Instep £26.91

Sizes: *medium - large*



High quality leather, comprised of three types of foam, velcro straps on back, absorbs hard blows, part of the Firepower range.



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Small Circle Jujitsu™

Firepower Leather NHB Shin and Instep £29.35

Sizes: medium - large - extra large



Neoprene backing, leather protective area, maximum protection, fits around calves, part of the Firepower range

Gloves

Double Padded Dipped Foam Tag £20.00

Sizes: extra small - small - medium – large



Double protection, moulded to fit securely to the knuckles, elastic wrap strap around the wrist, lightweight and compact, ideal for young students.

Firepower Gloves £21.53 Teens only



Thumbless leather glove, velcro fastening wrist, part of the Firepower range.



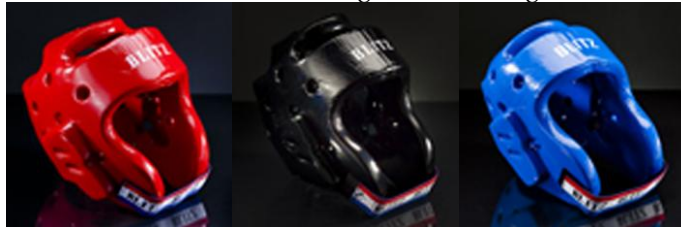
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Head Guards

Dipped Foam Hood £19.57

Sizes: *small - medium - large - extra large*



Light and safe, easy to put on and remove, one of the most versatile head guards around, has air holes throughout to reduce sweat, velcro fastening chin strap.

Double Padded Dipped Foam Hood £24.96

Sizes: *medium - large - extra large*



Gives double protection, easy to put on and remove, one of the most versatile head guards around, has air holes throughout to reduce heat, velcro fastening chin strap, can be used for any martial art including semi contact training.

Storm Semi Face Head Guard £23.49

Sizes: *medium – large*



Cheek bone, forehead and rear of head protection, velcro fastening to rear, ideal complement with gloves and foot, part of the Storm range.



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Gum Shields

Standard Gum Shield £1.96 Junior / Senior



A conventional gum shield, moulds when submerged in boiling water, comes in storage case.

Korpertech XR 22 Gum Shield £10.28



Pre contoured and custom fit, thermoset antishock mouth guard, material allows exact copy of teeth impression, no squared edges reducing irritation and loose fitting, reduces effect of concussion.



Yin Yang Drum Bag £9.95



Jujitsu Duffle Bag £8.76



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Small Circle Jujitsu TM

Sports Jujitsu Gear Order Form

Leg and Foot protection

Dipped Foam Shin and Instep £14.00

Sizes: *extra small - small - medium - large - extra large*

Colour: *red black blue*

Storm Shin and Instep £16.15

Sizes: *medium - large - extra large*

Colour: *red black blue*

Firepower Leather Shin and Instep £26.91

Sizes: *medium - large*

Colour: *red black blue*

Firepower Leather NHB Shin and Instep £29.35

Sizes: *medium - large - extra large*

Colour: *red black*

Gloves

Double Padded Dipped Foam Tag £20.00

Sizes: *extra small - small - medium - large*

Colour: *red black blue*

Firepower Gloves £21.53 Teens only

Sizes: *small - medium - large - extra large*

Colour: *red black*

Gum Shields

Standard Gum Shield £1.96 *Junior / Senior*

Korpertech XR 22 Gum Shield £10.28 *One Size*

Head Guards

Dipped Foam Hood £19.57

Sizes: *small - medium - large - extra large*

Colour: *red black blue*

Double Padded Dipped Foam Hood £24.96

Sizes: *medium - large - extra large*

Colour: *red black blue*

Storm Semi Face Head Guard £23.49

Sizes: *medium - large*

Colour: *red black blue*

Bags Yin Yang Drum Bag £9.95

Jujitsu Duffle Bag £8.76

Date ____/____/____

Students Name _____

Class Day and Time _____

Address _____

Tel. _____

email _____

Special requests? Like it's a secret.

Please mail to the above address
in care of:

Leg & Foot protection _____ £ _____.

Gloves _____ £ _____.

Gum Shields _____ £ _____.

Head Guards _____ £ _____.

Bags _____ £ _____.

Will collect at Dojo _____ Delivery charge if posted £7.62 £ _____.

Total £ _____.

Check to Leon Jay or Cash only please

I have no control over supplier's inventory, please order now to avoid disappointment and delay.



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To place an order please **circle** size, colour and anything else applicable and write out description.
Hand in to instructor, mail to address on letterhead or call me on 01737 210052.



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